

Dear ...

You may have already seen my previous letter of 19 November (*Dr Frankenstein's Reprise: Industrialisation of Personal Healthcare. Adverse effects of sequestered psychiatric in-patient services*).

Several people have since asked about my four mooted examples of mental healthcare non-attachment damage: 'What kind of cases are they?'

To answer this I have written a single descriptive account of 'Stephen' - which contains a kind of portrait and biography - to illustrate the kind of human load and responsibility we are faced with. I have also taken this opportunity to make small additions to my understanding of how we have got lost in a forest that we have planted.

Stephen is one of several of my patients who have experienced similar inadvertent, personal unengagement by mental health services. Their stories are as affecting and tragic as Stephen's. My dilemmas with them, and with mental health services, are also similar.

'Stephen' is discretely disguised, but his story and my account are as essentially accurate as I can make them. He has, in any case, agreed to my discretionary use of his story in advocating his, and similar, mental health needs.

Thank you for your attention.

Yours sincerely

David Zigmond (GP)

Attachment: *Form Devouring Essence: When brokered services tend broken hearts*

---

Version: 1 January 2014

Interested? Many articles exploring similar themes are available via David Zigmond's home page.

David Zigmond would be pleased to receive your [FEEDBACK](#)